

- Our therapy team assesses the patient's needs within the comfort of his/her home
- Therapists identify safety concerns and environmental barriers, determining needs for adaptive equipment within the patient's home
- Rehabilitation therapies relieve pain, promote healing and restore function and movement
- VNA therapists help to build confidence in one's ability to remain safe and independent in the home

Rehabilitation services are reimbursed under Medicare, Medicaid, private insurance, government insurance and self-pay.

Each payor has guidelines and certain requirements that need to be met.

The VNA does have a sliding fee for patients who pay privately for services. In addition, services may be provided at a reduced fee for those unable to afford healthcare.

The Mission of the Visiting Nurse Association

is to foster the dignity and well-being of the residents of our communities by delivering the highest quality home and community-based healthcare services that provide peace of mind, quality of life, and independence.



Omaha, Council Bluffs and Surrounding Communities

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Accredited by The Joint Commission

Rehabilitation Therapies

Physical • Occupational • Speech

The Face of Care



The Face of Care
for more than 110 years

Physical Therapy

Home-based physical therapy assists recovery from injury, illness, disease or medical trauma. Individualized therapy programs build mobility, strength, endurance and range of motion, and teach recovering patients how to care for themselves.

Therapy is available for adults, children and infants, and includes.

- Fall prevention and safety in the home
- Exercise programs for strengthening, balance and increasing mobility
- Gait and transfer training and education
- Instruction on pain management and relief
- Durable medical equipment recommendations and adjustments
- Teaching prosthesis use and care

Occupational Therapy

Occupational therapists assist people to remain independent at home.

Persons experiencing weakness or decreased functionality due to illness, accident or age are helped to redevelop the ability to bathe, dress and perform other daily personal care activities.

Therapy is available for adults, children and infants, and includes:

- Customized treatment programs to improve one's ability to perform daily activities
- Exercise programs for strengthening, balance and increased perception
- Comprehensive home evaluations with adaptive equipment and durable medical equipment recommendations and usage training
- Wheelchair assessment, positioning and fitting
- Education and instruction on energy conservation
- Provide interventions to patients with low vision and/or visual impairments
- Instruction on proper use of prosthetics and orthotics

Speech Therapy

Speech-language pathologists aid in communication and swallowing disorders resulting from head injury, surgery, dementia, neurological disorders, progressive neurological diseases, and hearing loss.

Therapy is available for adults, children and infants, and includes:

- Evaluation and treatment in the areas of speech, language, swallowing, cognition, memory, and safety
- Guidance for diet modification
- Implementation of tasks to improve problem solving, orientation skills, and recall
- Communication boards and devices
- Voice therapy

